

Gymnastics Competition COVID-19 Protocols

Protocols for the Gymnastics Cups will be adjusted according to the COVID-19 guidelines for Event Gatherings at competition time. More precise information will be available closer to the competition.

Cleaning/Sanitation Considerations:

- Follow CDC guidance on proper cleaning and disinfecting (see www.cdc.gov/coronavirus/2019-cov/community/disinfecting-building-facility.html).
- 1. Ensure that all equipment is properly disinfected after each rotation. Equipment will be sanitized using a cleaning product that will disinfect one minute after application.
 - a. Chalk bowls will be removed.
- 2. Scheduled cleaning and disinfecting frequently touched surfaces within the venue.
- 3. Spectator areas will be disinfected after each session with the same disinfecting product as the equipment.
- 4. The general public and gymnasts should bring their own hand sanitizer.
- 5. Signage will be posted to promote proper hand washing for anyone using the restrooms. Social distancing signage will be posted in and outside the restroom facilities.

Social Distancing Considerations:

1. Face coverings are mandated to be worn as required by state law.
2. Non-coaching staff: must use mask or facial covering at all times while in the facility.
3. Athletes: must use mask or facial covering at all times during non-warmup or competition phases.
4. Coaches: must use mask or facial covering at all times unless deemed a hazard during spotting.
5. Judges: must use facial covering (mask, shield, both) at all times.

6. Spectators: require the use of masks or facial coverings at all times while in the facility.

6. Policies will be in place to ensure social distancing within the venue.

Wellness Assessment Protocol:

1. Post signage at all entrances prohibiting entry by individuals who are sick or at risk of spreading COVID-19 from entering the competition. This signage should prohibit entry by any gymnast, coach, judge, event staff or spectator who:
 - a. Has been diagnosed with COVID-19 (and remains infectious according to CDC guidance),
 - b. Has symptoms of COVID-19 (including fever, cough, shortness of breath, loss of taste or smell) or has those symptoms within 72 hours of the competition
 - c. Has otherwise been sick, or
 - d. In the past 14 days, has been in close contact with an individual who has been diagnosed with COVID-19 or who has symptoms of COVID-19.
2. Any person who can answer yes to the above questions may not enter the competition.
3. Any person who becomes ill during the event should leave the venue immediately.
4. All persons entering the competition venue will have their temperature measured in order to enter. Anyone with a temperature of 100.0° or above will be denied entry.

Gymnasts Protocol:

1. Gymnasts are responsible to bring their own hand sanitizer. Gymnasts are required to sanitize their hands at the entry of the competition area, before and after each rotation, after use of the restrooms, or leaving competition floor for any other reason.
2. Gymnasts will be required to bring their own personal chalk in a secured personal container (a rigid container is recommended).
3. Gymnasts are required to wear masks or facial coverings while entering the facility. After entering the competition area and arriving at their initial physically-distanced assigned station, the

athlete can then remove the mask or facial coverings and keep it isolated with their personal items during the performance or warm up. The mask or facial coverings should be worn while rotating from event to event or while using other areas of the facility (i.e. bathrooms). Masks will be required while exiting the facility after competition.

4. Competition flights will be limited in size. We will try to not to mix teams within flights. We will definitely not mix teams on the events for warm up/compete.

Event Staff Protocol:

1. Judges, volunteers and meet officers will wear masks at all times in any area.
2. Temperature checks and performing the Wellness Assessment questionnaire will be conducted.
3. Convention Center staff will be checked by the Convention Center Human Resources Department.